



ILTCCABC

Independent Long-Term Care Councils Association of BC

Your provincial long-term care councils' association

Tips for increasing participation in family councils

Utilize the UBC Research Effectiveness Tool

- Pinpoint areas where council leadership can improve
- Pinpoint factors that family caregivers would benefit from
- Provide families with resources they can use for self-inquiry and self-help. Include tips on how caregivers in their new role can better connect with the care team to support their loved one successfully.

Refer to the ILTCCABC Education Portal <https://portal.iltccabc.ca/> for information and ideas

Network

- Ask the few families you do know to make an effort to meet families in the hallways, hand out an FC brochure, or just mention how FC helped you get acclimatized when you first moved in

Care Home Community awareness and promotion

- Ensure the receptionist and other staff who have a broad point of contact with families are aware and can speak about family councils

Councils work together

- Ensure Resident Council and Family Council "cross pollinate" (share minutes, are invited to each other's meetings once in a while, and always been the same page to advocate for what is a priority at your care home)

Ensure FC is seen as part of the care home community

- Have your FC meeting be part of the care home calendar of events

Inspire others

- Let your successes and work in progress be known through care home newsletters, bulletin board posters and website content



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Kudos and staff recognition

- Take part and contribute to the care home staff recognition program
- If there is no official program, ensure Family Council is known for recognizing staff with handmade cards, flowers, or gift cards.
- Encourage families to email you with the name of staff members and what they did to make their loved one feel good.